

## National Safety Month: Medication Safety



Medication errors can occur in a medical center, senior living facility, or at home. Hospitals, pharmacies, and facilities have checks in place to minimize medication errors.

**When getting a refill or a new prescription, be sure to verify:**

- Your name is on the bottle.
- The name of the doctor.

- The name of the medication, since there are lots of look-alike/sound-alike drug names.
- The dose; a dose for a child is different than for an adult.
- The route; for example, eye drops prescribed for the eyes and not the ear.
- The expiration date (Expired medicine should be thrown out.)

Medications need to be organized. It is important that you have a system so that you know when to take each

medicine. One example would be a pill storage container with individual slots. These can be organized by week, Monday-Friday, or have days broken down into AM and PM slots. By having a system, you can help prevent missing your medication.

Medication safety is not limited to the patient. It is important to store medications in places where children can't reach them. After taking the medicine, make sure the child-lock is secure. It is important to be smart about your medication so that you and those around you stay safe.

### Wellington Place at Biron

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Mandy Schulist, Administrator

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



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WE ACCEPT CREDIT CARDS

## National Nursing Assistants Week is June 13-19

Nursing Assistants have a rewarding profession; they can help patients and residents improve quality of life. Whether you are recovering from a hospital stay or living in a nursing facility nursing assistants are there to make a difference. To show your

appreciation for a nursing assistant in your life, consider giving a thank you note or a letter. A simple gift such as candy, flowers, or a gift card can be a thoughtful gesture that shows that you care.

Nursing Assistants report vital signs, check on patients, help set up medical equipment, and transfer patients as necessary. They also help with daily tasks such as bathing, eating, and dressing patients. The duties of a nursing assistant require dedication and a sincere desire to help others. It is important to recognize the time and effort nursing assistants put into their job.



## June 16 is Father's Day

Celebrate dads, grandfathers, uncles, and father-figures who have made a positive impact on a child's life. Studies show that men who play an active role in their children's lives stimulate all aspects of development: emotional, academic, behavioral, and social, even when those men don't live in the same home as their children. This Father's Day, let us remember the father's role. Let us celebrate our fathers and honor them for making a difference in our world.

### You don't have to be a dad to tell a "Dad joke."

How does a penguin build its house? – A: *Igloos it together.*

I had a really great boomerang joke. – A: *It'll come back to me.*

What did the shy pebble wish? – A: *That she was a little boulder.*

What did the hat say to the hat rack? – A: *You stay here. I'll go on a head.*

# WiCAL

Wisconsin Center for Assisted Living

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## Working to Better Serve

Every 6 months, our administrator and staff from other WISH facilities meet for a 3-day continuing education conference where we learn new ideas, address upcoming changes in long term care, share experiences, and discover new ways to serve residents with the very best care. This spring, our conference took us to Boise. Several long-term care guest speakers participated and we also heard from members of WISH's recently formed CBRF Task Force which helps provide leadership and training for new RAs at Wellington Place at Biron and other WISH communities.

If you're interested in joining our team as an RA or in another capacity, visit [bit.ly/wishjobs](http://bit.ly/wishjobs) and search by location to see available job opportunities.



### Home Health Available to Residents

We've teamed up with Transitions At Home for convenient, quality in-home medical care at Wellington Place. RNs, therapists and health aides provide quality care after surgery, illness or injury.

Transitions can provide care in your home too.  
Call for a free, in-home consultation.



**715.544.2322 TransitionsHealth.org**

Serving central & southern WI. Transitions At Home is a non-profit WISH agency.

