

The Wellington News

SEPTEMBER
2020

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

WISH Rising Stars Scholarship

Applications
due Sept. 11th



WISH scholarships are available to current employees and also high school students in WI and IL who are interested in post-acute care.

Read more about the scholarship and how to apply at bit.ly/wish-scholarship

National Healthcare Environmental Services & Housekeeping Week September 13-19, 2020

Environmental Services Week is a time dedicated to recognizing the efforts of hard-working housekeeping staff across the US. True warriors of any building's operation, housekeeping and environmental services staff demonstrate extraordinary teamwork and management that's essential to care for complex healthcare environments such as skilled nursing facilities and assisted living communities.



Housekeeping team members have a tough but important job in any senior care facility. Buildings that aren't cleaned and sanitized carefully can lead to illness and slow productivity for those who live, work, and eat there.

Our housekeeping team has employed new measures to help reduce the likelihood of COVID affecting our facility by making sure rooms and all areas are cleaned and sanitized using CDC and local health department guidelines. We take this time out to appreciate and celebrate our dedicated housekeeping staff for the important part they play in keeping our residents and staff healthy and safe.

Wellington Place at Biron

1661 South Biron Drive
Wisconsin Rapids, WI 54494
715.423.5600
Mandy Schulist, Administrator
 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



WISCONSIN
ILLINOIS
SENIOR HOUSING INC.

WellingtonPlaceBiron.org

WE ACCEPT CREDIT CARDS

National Assisted
Living Week
Sept. 13-19, 2020



Caring is
Essential

This week provides a special opportunity for residents, staff and our communities to recognize and celebrate the role assisted living care centers take in elevating the lives of America's seniors and individuals with disabilities. This year "Caring is Essential" is the theme for National Assisted Living Week 2020, which highlights the invaluable care demonstrated by essential caregivers every day in assisted living facilities across the country.

Our facility emphasizes compassionate care that promotes independence and quality of life while providing a cozy home environment for our residents. Along with great care, we highlight our days with quality relationships, creative activities and delicious home-cooked meals, all in pleasant surroundings that our residents call home. Caring is essential to a pleasant and home-like assisted living facility and that's what our staff aims for every day!

The Power of Courtesy and Kindness

With so much uncertainty and division across the world, it's easy to lose sight of a very easy and obtainable mindset: **BE KIND.**

Here's a question: what if more people were "guilty" of random acts of kindness? Just simply being courteous and kind without gaining any benefit from the situation or person. Just being kind for kindness' sake? How could the world change?

Do you want to become a kinder person? Here is an affirmation that may help to create a new form of kindness mentality: "I am now courteous and kind to everyone I meet."

Now, what if just seeing another person, automatically triggered this mantra? How would your actions change toward them?

This is simple, yet powerful affirmation and if you use it often enough, you may start to notice many wonderful things may start to happen to you and those around you.

WiCAL

Wisconsin Center for Assisted Living

 **Dementia-Capable**
WISCONSIN

Newsletter Production by PorterOneDesign.com

Aye! It's Talk Like Yer a Pirate Day!

National Talk Like a Pirate Day was dreamed up in 1995 when two friends playing racquetball slipped into pirate talk to entertain themselves while playing a bad game. They realized that the pirate lingo had made the time fly by quickly even though they were struggling, and before long they decided to share the fun with everyone else by starting a national holiday.

Get yer sea legs, and earn yer own barrel o' rum by practicing yer own version of "Pirate-ese" for a Talk Like a Pirate Day on September 19. We're happy to help ya take yer first peg-legged step towards impressing yer friends and learning how to talk like yer a pirate:

Ahoy! – "Hello!"

Avast! – Stop and give attention. It can be used in a sense of surprise, *"Whoa! Get a load of that!"* or *"Check it out"* or *"No way!"*

Aye! – *"Why yes, I agree most heartily with everything you just said or did."*

Aye aye! – *"I'll get right on that!"*

Arrr! – This one is often confused with arrgh, which is of course the sound you make when you sit on something sharp. *"Arrr!"* can mean, variously: *"yes," "I agree," "I'm happy,"* and *"I'm enjoying this drink."*

Beauty – The best possible pirate address for a attractive person. Always preceded by "me," as in, *"C'mere, me beauty."*

Lubber – (or land lubber) A lubber is someone who does not go to sea, who stays on the land. In a room where everyone is talking like pirates, lubber is ALWAYS an insult.

Smartly – Do something quickly. *"Smartly, mate,"* you might say when sending the bar keeper off for another round.

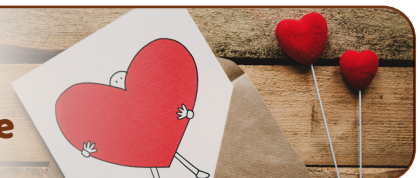
Ya, Ye or Yer – Should be used instead of "you" or "your." Also, refer to yourself as "me" instead of "I."

Source: talklikeapirate.com



DONATE SAFELY AND EASILY ONLINE:

WellingtonPlaceBiron.org/Donate



Quality of life in the comfort of home

Affordable, convenient home health care is available for our residents and in your home too. Call for a free home evaluation.

TransitionsHealth.org
715.544.2322

 **TRANSITIONS**
AT HOME

