

# The Wellington News

OCTOBER  
2020

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

During Healthcare Food Service Week from October 4-10, we would like to thank our dietary workers for the delicious and nutritious meals they provide each day for residents. When the food is good, our facilities are a way better experience for everyone!



## Visitation Guidelines

Please see review the current guidelines on our Facebook post from June 9h and watch for new posts with changes to the guidelines as the Wisconsin weather changes things. You can also find updated guidelines on our home page at [WellingtonPlaceBiron.org](http://WellingtonPlaceBiron.org).

## WISH List

- Pumpkins
- Games
- Bingo prizes
- Twin size sheet sets
- Wash cloths



## Flu Clinic at Wellington Place: Oct 1st, 1pm-3pm

Please contact Renee if you would like your loved one added to the list to receive a flu shot. We recommend flu shots for all residents and staff.



## Wellington Place at Biron

1661 South Biron Drive  
Wisconsin Rapids, WI 54494  
715.423.5600  
Mandy Schulist, Administrator  
 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



[WellingtonPlaceBiron.org](http://WellingtonPlaceBiron.org)

WE ACCEPT CREDIT CARDS

## FREE CNA Classes LEARN & EARN NOW!

Call our HR Dept to get started today.



Start work with us while completing a free 16-hour online course. Then complete the free in-person class for the remaining 59 hours of class currently needed to test for your nurses aide certification (75 hours total).



## Happy Birthday

*Best wishes to our staff and residents celebrating birthdays this month.*

Mary Z.	10/1
William M.	10/5
Dorothy S.	10/10
Joan M.	10/15

## Join Our Team

To learn more about the available positions listed below, visit [bit.ly/wishjobs](http://bit.ly/wishjobs) and search "Biron" under Division. You can apply online there also.

Full-time & part-time caregivers needed, all shifts. Flexible schedules available; paid training.

# WiCAL

Wisconsin Center for Assisted Living

 **Dementia-Capable  
WISCONSIN**

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## Boost Your Vocabulary

Language is always evolving and new words are being created every day. This is why the Dictionary gets a new edition with the new words printed every few years! Taking the time to learn new words is a fun way to increase your verbal and mental flexibility.

When you encounter a new word that you would like to add to your vocabulary use these tips to help you retain it:

1. Write out a definition of it in your own words, and write one or more sentences using the new word in context.
2. Visualize the word in its printed form.
3. Say the word out loud, and spell it out loud.
4. Say a sentence out loud that uses the new word.
5. Make up an image in your mind that will help you remember the word.

## Therapy Success Story

When asked how she liked rehab therapy, Patricia W. said, "I love it!"

Her progress in therapy through Transitions At Home, which is available for home health services to our residents, has allowed her to progress to standing with one assist and she is now walking a few steps at a time which is a milestone for her. Keep up the good work, Patricia!

**DONATE SAFELY AND EASILY ONLINE:**

**[WellingtonPlaceBiron.org/Donate](http://WellingtonPlaceBiron.org/Donate)**



## Quality of life in the comfort of home

Affordable, convenient home health care is available for our residents and in your home too. Call for a free home evaluation.

**[TransitionsHealth.org](http://TransitionsHealth.org)**  
**715.544.2322**

 **TRANSITIONS  
AT HOME**

