



DHS Offers Free CNA Training, Testing



Certified nursing assistants (CNAs) remain in high demand. To help fill this crucial need in healthcare, the Department of Health Services (DHS) has implemented the WisCaregiver Career Program, which funds CNA training for incoming students in Wisconsin. DHS has received federal approval in the amount of \$2.3 million to pay for training and testing for certification of up to 3000 students who wish to become CNAs.

Becoming a CNA doesn't require an associate's or bachelor's degree and

is a great way to start a career in healthcare. CNAs can work in many environments including hospitals, home health agencies, nursing homes, and assisted living communities.

The program requirements for students:

- Complete free training in a participating WisCaregiver Careers Nurse Aide Training Program.
- Successfully complete free nurse aide competency testing

and be placed on the Wisconsin Nurse Aide Registry.

- Work at a participating WisCaregiver Careers nursing home for six continuous months.

Don't wait to apply for funding. This program is limited and when the money runs out, the program may not be renewed. To learn more about the WisCaregiver Career Program and to apply online, visit goo.gl/aqcUKh.

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Mother's Day is Sunday, May 13

Mother's Day is a celebration honoring the mother of the family (whether it is a biological mother, surrogate, foster, aunt, cousin, neighbor, nana, or grandmother), as well as motherhood.

The American incarnation of Mother's Day was created by Anna Jarvis and Julie Ward Howe in 1908 and became an official U.S. holiday six years later on May 8, 1914. On this day, daughters, sons, and husbands usually have plans to make this day extra special and memorable.



So, take a moment on May 13 to say thank you to that special woman who has helped make your life meaningful!

NATIONAL NURSES WEEK

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday.

A Brief History of National Nurses Week

1954: National Nurse Week was observed from October 11 - 16. The year of the observance marked the 100th anniversary of Florence Nightingale's mission to Crimea.

1974: In January, the International Council of Nurses (ICN) proclaimed that May 12 would be "International Nurse Day."

1981: ANA, along with various nursing organizations, rallied to support a resolution initiated by nurses in New Mexico, through their Congressman, Manuel Lujan, to have May 6, 1982, established as "National Recognition Day for Nurses."

1982: In February, the ANA Board of Directors formally acknowledged May 6, 1982 as "National Nurses Day." President Ronald Reagan signed a proclamation on March 25, proclaiming "National Recognition Day for Nurses" to be May 6, 1982.

1990: The ANA Board of Directors expanded the recognition of nurses to a week-long celebration, declaring May 6 - 12, 1991, as National Nurses Week.

1993: The ANA Board of Directors designated May 6 - 12 as permanent dates to observe National Nurses Week in 1994 and in all subsequent years.

nursingworld.org.

WiCAL

Wisconsin Center for Assisted Living

May is National Melanoma/ Skin Cancer Awareness Month

Melanoma is a malignant tumor predominantly usually found in the skin, but can be found elsewhere, including the eye. The vast majority of melanomas originate in the skin. Melanomas are the most deadly form of skin cancer. As with most forms of cancer, early detection is an effective method of prevention.

Exposure to ultraviolet radiation is one of the major contributors to the development of melanoma. Occasional extreme sun exposure resulting in a sunburn can be related to melanoma. A family history of melanoma greatly increases a person's risk. Certain 'melanoma families' display features of inheritance of cancer-causing genes. It is critical that individuals with family members who have been diagnosed with melanoma be checked regularly.

Do you suspect that you may have melanoma?

Any mole that is irregular in color or shape should be examined by a doctor to determine if it is a malignant melanoma, the most serious and life-threatening.

The diagnosis of melanoma requires experience, as early stages may look identical to harmless moles or not have any color at all. If any doubt exists, the patient will usually be referred to a specialist dermatologist.

Preventing Melanoma:

- Minimize exposure to sources



of ultraviolet radiation (the sun and sunbeds).

- Wearing long-sleeved shirts, long trousers, and broad-brimmed hats offers the best protection.
- Use a sunscreen with an SPF rating of 30 or better on exposed areas.

The information presented here should not be interpreted as medical advice. If you suspect you have melanoma, please consult your physician as early as possible for diagnosis and treatment options.



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